*"Our potentials are not limited. Our future is open. It is shaped by what we do, and by what we do not do."* 

Johannes Rau

# 27th April – 1st May 2006 in Belgrade



KONGRES MIRA

# INTERNATIONAL PEACE CONGRESS

# "Love With Future"

Organized by:

M.I.R. MEN IN RELATION e.V. Ingolstadt, Germany Association for promotion of peace at national and international level and Association for systemic therapy and systemic solutions in Serbia and Montenegro

The origin, effect and healing of collective and individual trauma caused by war and violence. Could love respond to violence and war?

# Participants:

# Bert Hellinger Marko Pogačnik Br. Dr. David Steindl-Rast Bora Dugić

and other professionals from various areas of science and culture (national and international) working in the field of reconciliation and overcoming trauma.

# Aims:

The lectures and workshops in art, philosophy, psychotherapy, sociology and theology will be aimed at:

- Contribution to the creation of new perspectives in overcoming conflicts to allow us to live in peace.
- To present "Order of Love" to a wide audience as well as other interdisciplinary concepts of overcoming collective and individual trauma.

Belgrade with his 7000 years long historical and cultural tradition is one of the oldest cities in Europe. At the time it was regarded during the last Yugoslav war by NATO as a source and a center of evil, which justified to bombard it. Until today the destroyed buildings witness the sadness of war destructions.

The International Peace Congress will take place in Belgrade from 27<sup>th</sup> April till 1<sup>st</sup> May, 2006 It aims to understand and overcome war traumas and their consequences, as well as creating new models of relations, which could promote the individual and collective peace.

"When we think about war, we imagine the moments of violence...explosions...But first of all war is a consequence... a result of a unresolved trauma that we are not allowed to talk about, not yet mentioning how we feel about. Trauma lasts for months, years, it extends over several generations... it becomes a part of everyday life and it expresses itself through reticence and mistrust. War continues to live through trauma, depression, poverty, violence against the weak and women, non-existence of roots and origin, escape. War goes on living in the dreams of new generations, in the aggression of the descendants and their children, through obsession with revenge and further violence..." (Eve Ensler).

# Basic assumptions

War has always been present in human society. It is a primordial force which has a destructive effect but at the same time it is a means of identification.

Recent history, the experience in the field of psychology and above all the experience of working in the field of "Orders of Love", show that war is still on! War traumas don't diminish in their strength. On the contrary, they are crucial causes of new conflicts. Something which seem to be unbelieveblet till yesterday in Belgrade, became a harsh reality – war was here, in our country, not somewhere else, far away from us.

War causes a serious traumatization of the whole society. Although it strikes the whole communities, still there are individual differences in experiencing it – and thus, in overcoming war trauma and violence. Individual experiences, generally often defined as the collective trauma, can be easily misused for political purposes.

Particularly endangered are the people who previously survived serious trauma or the resentful descendants of the victims or perpetrators, who regard themselves as chosen for revenge for all experienced humiliations, violence or losses of their ancestors. So, the descendants, driven by blind love and loyalty, get revenge for something that is lost long ago. Due to their identification with victims or perpetrators, the effects of the suffered trauma reach through several generations, over time, and this represents a potential for new conflicts and new violence.

# Blind loyalty to the group endangers the peace

The greatest danger to peace are those groups which regard everybody who doesn't belong to their own system as an enemy.

"If we experience ourselves as a part of a group – of a group we belong to and at the same time we cannot see a man as an individual, but we see him as a part of a group he belongs to, it is inevitable that we become blind for an individual. Being the members of a certain group we alienate ourselves, we lose ourselves and we disappear in the collective... and the collectives are dangerous..." (Bert Hellinger).

A family is a basic and the most important group in our life. Regardless of our intentions, we are strongly and unconditionally connected to it. There are bigger group we belong to, such as nation, religious community, social community, company we work for etc. A group is determined by the system of common connections and real or alleged common interests as well as rules of conduct. Everyone who complies with these rules, no matter how horrible and inhuman they are, do so with the best intention and in good conscience. Feelings of fear or anger and readiness to violence are projected outside and the others are seen as bad and even dangerous and there is a wish to destroy them. A person who disobeys these rules, very soon will feel bad conscience and fear that his belonging to certain group is jeopardized.

Conflicts most often take place in the periphery of the groups, on the boundary with other groups, having different rules of conduct. The conscience serves as an instrument for measurement of the belonging. Because of good conscience the others' rules are evaluated as bad, immoral, even dangerous, and in fighting them, people don't refrain from violence. When the world is seen from this perspective, it is obvious that the conscience is a father of all wars and conflicts, what Heracles concluded long ago.

The feelings that guide us and that are subordinated to our conscience are:

- fear that we may lose our right to belong
- a need to do anything in order to retain or regain the right to belong
- aloofness from other groups caused by compliance to one's own group as well as the
- idea that it is (and thus, we are) better than others.

Feelings of love and attachment can cause readiness to sacrifice somebody else's – and even our own life.

The mechanism of conscience as well as the fact that in order to survive a man needs to belong to a group, could be easily misused politically by the rival groups for achievement of their own objectives. Using the unresolved collective trauma and drawing on it, leaders could easily create new conflicts! It happens that one collective trauma breeds the following, and it becomes a pattern which repeats itself over and over again...Only when we are able to see others as people who have their own mothers, fathers, children and individual destinies and not only as the representatives of a certain group, a resolution and a relief from the past trauma is possible. Understanding, acceptance and respect of each individual enables the past to become our teacher.

In the book "In the beginning there was upbringing", whose author is Alice Miller, it is said: "I was happy when I realized I had managed to retain a capacity to observe destiny from a child's point of view, not trying to accuse as adults do, and to see Hitler as a man." By turning one's head with loathing from unconceivable atrocities and calling them "inhuman", we are not able to know and comprehend them. Doing that, we are much more easily exposed to danger and next time, naively and innocently, we will succumb to the same again.

# *Could we – and how – free ourselves from the fatal entanglement?*

Reconciliation is possible only when we stop seeing the crime as something which is separated from us, which is "out there", in others. Instead, we could accept others **with love**, looking at them as a part of our very being and ignoring their belonging to a group. This kind of change is a necessary condition for establishing beneficial relation to everything that is instinctively rejected as bad and predominately assigned to others.

The important effect of "Order of Love" is exactly its far-reaching potential for achievement of peace and reconciliation. A special power of this method is not only in the change of relationship to the perpetrators which are not seen any more as isolated individuals, but also in the change of relationship to every single individual, who is, regardless of his belonging to a group, looked at with love and as a human being as we are. With "Order of Love" many mental states and illnesses can be successfully healed, particularly those rooted in unsolved personal, family and collective burdens. In order to balance these burdens they are being transmitted through generations. By gaining insights we open ourselves to solutions inside our soul, in an unknown manner to many other contemporary therapeutic systems.

Our experience shows that by "Order of Love" the collective trauma such as war, the Holocaust and similar trauma, like those that took place in our country, in ex-Yugoslavia, as well as in China, Russia, Iraq, Africa and in many other countries could be successfully overcome. Many people who had survived the Holocaust, or the descendants of victims or perpetrators who had suffered a great deal, managed, thanks to "Order of Love" to gain new,

important insights and thereby be relieved and healed. This method proved itself to be a very efficient instrument for prevention of development of similar phenomena.

### Recovery and healing are possible under the following conditions:

- When the crime is not seen as something which is connected with someone else, but as something which is present in all of us and thus in each group and when we accept this with love.
- When collective experiences of guilt and innocence, of crime and victimization are seen and recognized in each of us and when the perpetrators and victims are seen and respected as human beings.
- When there is readiness to re-establish the oneness of victim and murderer.
- When the dead are given a place that belongs to them, and the descendant give up the revenge and let the past really go.
- When we free ourselves from obsession with a kind of love that guides us to sacrifice our own life for other's sake, and when we turn ourselves to reconciliation which does not demand victims, because it is guided by love for life and a man as individual.

# At The Peace Congress in Belgrade the national and international experts will work on clarification and solving the following subjects:

- How can we describe psychic injuries of direct and indirect victims of terrorist and war violence?
- Do the consequences of trauma always have to be manifested through fear and isolation, i.e. revenge and aggression?
- How the perpetrators should be treated?
- Can we respond to war and violence with love?
- Could war be seen as a form of overcoming trauma?
- Does a collective or ideological worldview endanger peace?
- What is the role of religion towards peace?
- Are there examples of successful healing of collective trauma and how can they be overcomed and treated?
- Are there any new concepts in politics, sociology, philosophy or theology in this subject?
- Does individual respectful perspective of traumatic event imply better chances for healing and conciliation?
- What psychotherapeutic concepts in therapy of trauma can contribute to its overcoming and treatment?
- How healthy diet and an aware relation to Mother Earth can contribute to peace?
- What solution for overcoming trauma are offered by art, religion, geomanty, shamanism etc.?
- Are there places considered as epicenters of a nation's trauma and can they contribute to overcome trauma? Are those places (for example, Kalemegdan in Belgrade) particularly suitable for the retraumatization of the structure of trauma, burdening a nation? How such structure can be re-shaped? How does, in this sense, function geomantic order of love?

### The International Peace Congress "Love with Future" from 27<sup>th</sup> April – 1st May 2006

offers an opportunity to everyone, especially to professionals who work with people in the areas of sociology, education, counseling, therapy etc., to meet Bert Hellinger, Marko Pogačnik, Brother David Steindl-Rast, Bora Dugić and other experts from various domains within national and international science and culture. They will work in the field of reconciliation and overcoming trauma and demonstrate how their work can be applied in different professional approaches. The participants will, in their lectures and through practical work with clients and supervision with therapists, look for solutions.

#### Lecturers:

Bastaić, Dr. Ljiljana (Kroatien) Hellinger, Bert (Deutschland) Mišković, Nada (Serbien und Montenegro) Papakirillou, Haritini (Griechenland) Pogačnik, Marko (Slowenien) Pogačnik Meier, Ana (Slowenien) Stavropoulos, Dimitris (Griechenland) Steindl-Rast, Dr. David (USA) Weth Dietrich (Deutschland) Zararsizoglu, Dr. Mehmet (Türkei)

#### Cultural Events Accompaning the Congress

DAH Theater (Serbien und Montenegro) Dugic, Bora (Serbien und Montenegro) Isakovic, Branko und Divinesound (Serbien und Montenegro) Jolles, Andre (Deutschland)

# Fees & Requirements

Since the avarage earning in Serbia is around 230,- Euro a month we had to make the fee for the Congress guite low in order to allow as many people as possible to participate. For two different prices for people from other countries and for people from Serbia would upset some of the participats we have decided to have the same conditions for all. However in order to cover the costs of the Congress we would very much appreciate if you could give a donation according to your possibilities. Please let us know if you need a receipt for tax purposes.

#### Congress fee is EUR 140.

Students, pupils, pensioners and unemployed are entitled for a special rate of EUR 100.

Please mail written registration with money order, check or wire transfer to:

M.I.R. Men in Relation e.V., Sparkasse Ingolstadt, bank code (BLZ) 72150000, account no 50466200, IBAN: DE72721500000050466200, SWIFT-BIC BYLADEM1ING ref: "Peace Congress 2006"

After receipt of your payment, you will be sent a confirmation of your participation at Congress. You can cancel your participation at least five weeks before starting date (cancellation fee is EUR 50). After that, you will have to pay the full amount or find somebody who will join instead. We know that something unexpected can be the reason of your cancellation - however the cancellation fee enables us to cover the basic organization costs.

For participants who come with children a kindergarten will be provided in the rooms of Faculty for Teachers. We ask you to apply for this until April 1st, 2006 (space is limited).

# SCHEDULE:

Lecture halls will be open one hour before the start.

<b>April 27<sup>th</sup> 2006</b>	Venue: Faculty for Teachers (Učiteljski Fakultät)
01:00 pm	Registration
5:00 – 9:00 pm	Welcoming and introductory lecture and workshop with Bert Hellinger
<b>April 28<sup>th</sup> 2006</b>	Venue: Faculty for Teachers (Učiteljski Fakultät) and Kalemegdan
9:00 – 12:30 am	morning program
2:00 5:00 pm	afternoon program
6:00 7:30 pm	exchange with lecturers
8:00 – 10:00 pm	André Jolles performance
<b>April 29<sup>th</sup> 2006</b>	Venue: Faculty for Teachers (Učiteljski Fakultät) and DAH-Theater
9:00 – 12:30 am	morning program
2:00 5:00 pm	afternoon program
6:00 7:30 pm	exchange with lecturers
8:00 – 10:00 pm	DAH-Theatre performance
<b>April 30<sup>th</sup> 2006</b>	Venue: Faculty for Teachers (Učiteljski Fakultät) and Kalemegdan
9:00 – 12:30 am	morning program
2:00 5:00 pm	afternoon program
6:00 7:30 pm	exchange with lecturers
8:00 – 10:00 pm	Concert Bora Dugić
<b>May 1<sup>st</sup> 2006</b>	Venue: Faculty for Teachers (Učiteljski Fakultät) and Kalemegdan
9:00 – 12:30 am	morning program
2:00 5:00 pm	afternoon program

# Venues

- Faculty for Teachers (Učiteljski Fakultät) Banqueting hall (Svečana sala) Narodnog Fronta 43 11000 Beograd
- Kalemegdan
- **DAH Theatre** Marulićeva 8 11000 Beograd

# Communication languages: German and English (translated to Serbian)

# **Congress and organisation information**

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# Schedule

April 27 <sup>th</sup> , 2006					
	Office	Banqueting Hall		Hall 104	
1.00 pm	Registration and				
1.30 pm	Check-in				
2.00 pm	at the			Children's Care	
2.30 pm	Office				
3.00 pm	Učitelski Fakultät				
3.30 pm	(Fakulty for Teachers)				
4.00 pm					
4.30 pm					
5.00 pm		Opening			
5.30 pm		Flute with Bora Dugić			
6.00 pm		н			
6.30 pm		Lecture and			
7.00 pm		work with			
7.30 pm		Bert Hellinger			
8.00 pm					
8.30 pm					
9.00 pm					

April 28 <sup>th</sup> , 2006					
Time	Banqueting Hall	Grand Hall	Kalemegdar	1	Hall 104
9.00 am		nko Isaković with Divin	esound		Children's Care
9.30 am	Н				
10.00 am	Bert Hellinger				
10.30 am	Love with future				
11.00 am		A1			
11.30 am		Lecture / Workshop			
12.00 am		Haritini Papakirillou			
12.30 am	Lunch-break	Lunch-break	Lunch-break	Lunch-break	Lunch-break
1.00 pm					
1.30 pm					
	A2		Р		
	Lecture / Workshop		Workshop		
	Dimitris		Ana Pogačnik		
	Stavropoulos		and Marko Pogad	čnik	
4.00 pm					
4.30 pm					
5.00 pm	Evening-break	Evening-break	Evening-break	Evening-break	Evening-break
5.30 pm					
6.00 pm	Exchange				
6.30 pm	with the Lecturers				
7.00 pm					
7.30 pm					
8.00 pm	Andre Jolles:				
8.30 pm	Theater				
10.00 pm					

April 29th, 2006					
Uhrzeit	Banqueting Hall	Grand Hall	Kalemegdan	DAH Theatar	Hall 104
9.00 am	Opening Music				Children's Care
9.30 am	A5 Lecture	A3			
10.00 am	Dietrich Weth "Peace	Lecture / Workshop			
10.30 am	and Awareness"	Mehmet Zararsizoglu			
11.00 am	A5 Workshop	A4 Lecture			
11.30 am	Dietrich Weth	Nada Mišković			
12.00 am		Health & Food			
	Lunch-break	Lunch-break	Lunch-break	Lunch-break	Lunch-break
1.00 pm				_	
1.30 pm					
2.00 pm			PH		
2.30 pm			Bert & Marko		
3.00 pm			Work together		
3.30 pm			at Kalemegdan		
4.00 pm					
4.30 pm					
	Evening-break	Evening-break	Evening-break	Evening-break	Evening-break
5.30 pm					
6.00 pm	Exchange				
	with the Lecturers				
7.00 pm					
7.30 pm					
8.00 pm	DAH Theater				
	Theater				
9.00 pm					
10.00 pm					

April 30 <sup>th</sup> , 2006					
Uhrzeit	Banqueting Hall	Grand Hall	Kalemegdan		Hall 104
9.00 am	Opening Music				Children's Care
9.30 am	Н				
10.00 am	Bert Hellinger				
10.30 am	Love with Future				
11.00 am					
11.30 am					
12.00 am					
12.30 am	Lunch-break	Lunch-break	Lunch-break	Lunch-break	Lunch-break
1.00 pm					
1.30 pm					
2.00 pm	A6		Р		
2.30 pm	Lecture / Workshop		Workshop		
3.00 pm	Ljiljana Bastaić		Ana Pogačnik and		
3.30 pm			Marko Pogačnik		
4.00 pm					
4.30 pm					
5.00 pm	Evening-break	Evening-break	Evening-break	Evening-break	Evening-break
5.30 pm					
	Exchange				
	with the Lecturers				
7.00 pm					
7.30 pm					
	Concert				
8.30 pm	Bora Dugić				
9.00 pm					
9.30 pm					
10.00 pm					

Mai 1 <sup>st</sup> , 2006					
Time	Banqueting Hall	Kalemegdan		Hall 104	
9.00 am	Opening Music			Children's Care	
9.30 am	D	Р			
10.00 am	Lecture	Workshop			
10.30 am	David Steindl-Rast	Ana Pogačnik			
11.00 am	D	and Marko Pogačnik			
11.30 am	Workshop				
12.00 am	David Steindl-Rast				
12.30 am	lunch-break	lunch-break		lunch-break	
1.00 pm					
1.30 pm					
2.00 pm	Н				
2.30 pm	Bert Hellinger				
3.00 pm	"Love with Future"				
3.30 pm					
4.00 pm					
4.30 pm					
5.00 pm	THE END				
5.30 pm					
6.00 pm					

# REGISTRATION

I would like to register for the peace convention in Belgrade April 27th – May 01st, 2006:							
Name Date of	ession						
Street Address Town and Zip Code							
☎ Home ☎ Work							
Cell phone E-Mail							
□ I would like to register for the following events:							
□ H □ D □ P □ A1 □ A4	□ A2 □ A3 □ A5 □ A6						
□ I will need child care from until Name ar	d age of child						
The work at the convention will be video-taped. By registering, each participant agrees to these tapings as well as to a possible publication in the form of a video or a book. I declare that I am physically and mentally fit. I am capable of participating in the event and being responsible for myself. Date Signature Please mail written registration with money order, check or wire transfer to:							
M.I.R. Men in Relation e.V., Sparkasse Ingolstadt, bank code (BLZ) 72150000, account no 50466200, IBAN: DE72721500000050466200, SWIFT-BIC BYLADEM1ING ref: "Peace Congress 2006" M.I.R. Men in Relation e.V.; Hölderlinstraße 5; 85080 Gaimersheim; Germany; ☎+49(0)8458 344 592; Cell phone:+49(0)172/8692967; E-mail: vlado.ilic@kbi-iv.de							
Bastaić, Dr. Ljiljana (Croatia)	30.04. 02:00-05:00 pm	A 6					
DAH Theater (Serbia & Montenegro)	29.04. 08:00 pm						
Dugić, Bora (Serbia & Montenegro)	30.04. 08:00 pm						
Hellinger, Bert (Germany)	27.28.29.30.04. und 01.05	Н					
Mišković, Nada (Serbia & Montenegro)	29.04. 11:00-12:30 am	A 4					
Papakirillou, Haritini (Greece)	28.04. 11:00-12:30 am	A 1					
Pogačnik, Marko (Slovenia)	28.29.30.04. und 01.05	Р					
Pogačnik, Ana (Slovenia)	28.29.30.04. und 01.05	Р					
Stavropoulos, Dr. Dimitris (Greece)	28.04. 02:00-05:00 pm	A 2					
Steindl-Rast, Dr. David (USA)	01.05. 9:30-12:30 am	D					
Weth, Dietrich (Germany)	29.04. 9:30-12:30 am	A 5					
Zararsizoglu, Dr. Mehmet (Turkey)	29.04. 9:30-11:00 am	A 3					

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